

GLUTEN  
FREE

## TISANE TONE & RECHARGE

COD. 9116

#13

### USEFUL IN CASE OF PHYSICAL AND MENTAL FATIGUE

#### ACTIVE INGREDIENTS AND BENEFITS OF THE TISANE:

DAMIANA LEAVES, GINSENG ROOT, TMUIRA PUAMA ROOT BARK AND SAGE LEAVES ARE BENEFICIAL IN CASE OF PHYSICAL AND MENTAL FATIGUE.

Indicated in cases of fatigue, muscle and tissue relaxation, difficulty in restarting the morning, and listlessness. Very appropriate also in the changes of season, in the periods of intense activity, both physical and mental, for athletes who want to rehydrate with a beverage containing very few calories.

#### Recommended dose:

A daily intake between 15 and 60 ml of product (equal to 1 - 4 measuring cups) is recommended, diluted in 1.5 litres of water, or 1 measuring cup diluted in a glass of water twice a day.

#### Ingredients:

Water, Damiana (*Turnera diffusa* Wild et Schult.) leaves 3%, Savory (*Satureja hortensis* L.) top 3%, Ginseng (*Panax ginseng* C.A. Meyer) root 2%, Siberian ginseng (*Eleutherococcus senticosus* Maxim.) root 2%, Muira puama (*Ptychopetalum olacoides* Benth) root's bark 1%, Greek hay (*Trigonella foenum-graecum* L.) seeds 1%, Sage (*Salvia officinalis* L.) leaves 1%, Parsley (*Petroselinum crispum* A.W.Hil.) root 1%, Angelica (*Angelica archangelica* L.) root 1%, Fragrant verbena (*Lippia citriodora* Kunth) leaves 1%, Sweet orange (*Citrus sinensis* L. var. *dulcis* L.) pericarp 1%, Black radish (*Raphanus sativus* L. var. *niger* Miller) root 1%, Artichoke (*Cynara scolymus* L.) leaves 1%.

**Dye:** caramel.

**Aroma:** licorice.

**Acidity regulator:** citric acid.

